

Quantitative analysis of vesicle recycling at the calyx of Held synapse

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Vesicle recycling is pivotal for maintaining reliable synaptic signaling, but its basic properties remain poorly understood. Here, we developed an approach to quantitatively analyze the kinetics of vesicle recycling with exquisite signal and temporal resolution at the calyx of Held synapse. The combination of this electrophysiological approach with electron microscopy revealed that ~80% of vesicles (~270,000 out of ~330,000) in the nerve terminal are involved in recycling. Under sustained stimulation, recycled vesicles start to be reused in tens of seconds when ~47% of the preserved vesicles in the recycling pool (RP) are depleted. The heterogeneity of vesicle recycling as well as two kinetic components of RP depletion revealed the existence of a replenishable pool of vesicles before the priming stage and led to a realistic kinetic model that assesses the size of the subpools of the RP. Thus, our study quantified the kinetics of vesicle recycling and kinetically dissected the whole vesicle pool in the calyceal terminal into the readily releasable pool (~0.6%), the readily priming pool (~46%), the premature pool (~33%), and the resting pool (~20%).

kinetics | vesicle recycling | vesicle pool | calyx of Held | short-term plasticity

Synaptic vesicle recycling ensures synaptic transmission during sustained neuronal activity (1–3). Despite its crucial role, the cycle is poorly understood. In contrast to vesicle exocytosis and endocytosis, which can be directly assayed by presynaptic capacitance measurements and postsynaptic current recordings, vesicle recycling is usually investigated by fluorescence imaging and electron microscopy (EM) with limited signal or temporal resolution (4–7). Likely owing to technical difficulties, the basic properties of vesicle recycling, such as the size of the recycling pool (RP) (3, 6, 8–11), the kinetics of vesicle recycling (6, 8–12), and how the RP supports synaptic transmission (1, 13–15) remain to be elucidated. Classically, presynaptic vesicles can be functionally divided into three populations: the readily releasable pool (RRP), the reserve pool, and the resting pool (3, 16, 17). The RRP is defined as being composed of docked and immediately releasable vesicles (17), which are usually depleted by high-frequency stimulation, prolonged presynaptic depolarization, or the application of hypertonic solution (18–21). The reserve pool functions as a reservoir and serves to maintain vesicle refilling into the RRP (2, 3). These two pools together are commonly referred to as the RP. The resting pool serves as a depot of vesicles for backup use (16, 22). However, it has been debated for a decade whether nerve terminals use the majority (~100%, from electrophysiology) or only a small fraction (5–40%, from fluorescence imaging and EM) of vesicles in recycling, and whether the RP size undergoes dynamic changes during varied neuronal activity (6, 7, 23–28).

The use of vesicles in recycling is a critical determinant of synaptic transmission (1, 13–15). However, it has never been rigorously determined how fast recently recaptured vesicles are organized to recycle and whether vesicles in the RP are homogeneously ready for use (25). Two forms of vesicle retrieval, “kiss-and-run” and full collapse, have been reported for many

years. It is still ambiguous whether the rapidly recaptured vesicles in the kiss-and-run mode can be rapidly reused (29–31).

Here, we addressed the above issues by developing a new approach to quantify the basic properties of vesicle recycling with unparalleled precision. Different from previous studies in cultured cell systems, the present work combined electrophysiological measurements and EM observations at the calyx of Held synapse in acute brain slices, quantitatively analyzed synaptic vesicle recycling, and kinetically dissected the recycling vesicle pool. We propose a realistic kinetic model and provide new insights into the mechanism that ensures rate-limited but sustainable synaptic transmission.

Results

Kinetics of Vesicle Recycling Revealed by Impeding Transmitter Refilling with Folimycin. To investigate the kinetics of vesicle recycling, in acute brain slices we compared the evoked excitatory postsynaptic currents (EPSCs) at the calyx of Held synapse under sustained afferent fiber stimulation without and with impeding vesicle reacidification and transmitter refilling by folimycin, a vacuolar-ATPase inhibitor (Fig. S1) (8, 9, 11, 19). After local perfusion of 2 μ M folimycin, we found a significant suppression of EPSCs during sustained stimulation (400 s at 20 Hz) (Fig. 1A). This suppression was not due to impairment of the vesicle fusion machinery because simultaneous presynaptic and postsynaptic dual-patch recordings showed that folimycin changed neither the RRP size nor the vesicle release probability when EPSCs had already been significantly reduced after long-duration (>2 min) cell-attached or action potential-like pulsed whole-cell stimuli (Figs. S2 and S3) (19, 32). The possibility that folimycin

Significance

Compared with vesicle exocytosis and endocytosis, relatively little is known about vesicle recycling. Here, we developed a novel methodological approach, potentially applicable to all axosomatic synapses, to quantify the kinetics of vesicle recycling with exquisite signal and temporal resolution. Using this approach combined with electron-microscopic observations, we estimated that ~80% of synaptic vesicles participate in recycling and provided an explanation to reconcile the discrepancies in previous reports. We kinetically dissected vesicle recycling in the calyceal terminal, defined a new concept of the readily priming pool, and proposed a realistic kinetic model to quantify the basic properties of vesicle recycling. These findings contribute to filling the gap in understanding vesicle recycling, particularly postendocytotic vesicle trafficking.

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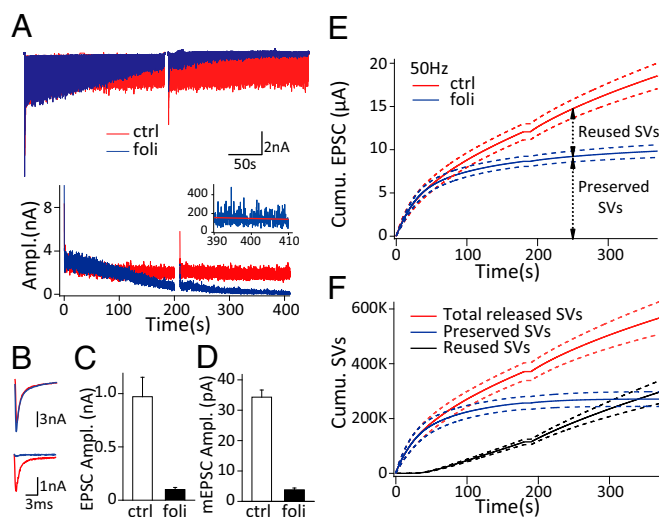


Fig. 1. Folimycin application reveals the kinetics of synaptic vesicle recycling. (A) Representative EPSCs (Upper) and EPSC amplitudes (Lower) corresponding to 20-Hz stimulation with (blue) and without folimycin (red). (Inset) EPSC amplitudes in the last 20 s of stimulation with folimycin fitted with linear regression (red line). (B) The first (Upper) and last (Lower) EPSCs in A. (C) Statistical comparison of the amplitudes of the last 100 EPSCs before and after folimycin application ($n = 8$). All of the statistics in the paper denote mean \pm SEM. (D) Summary of mEPSC amplitude measured in control and estimated in the folimycin group ($n = 8$). (E) Pooled cumulative EPSC amplitudes under 50-Hz stimulation ($n = 4$) with (blue) and without folimycin (red). (F) Calculated cumulative number of total released vesicles (red), preserved vesicles (blue), and reused vesicles (black) under 50-Hz stimulation ($n = 4$); dashed lines denote mean \pm SEM in E and F.

permeabilized into the terminal to affect all vesicles was also ruled out because there was no significant decrease in EPSC amplitude after 10-min extracellular folimycin application without stimulation (Fig. S4). We thus determined that folimycin only eliminated the transmitter refilling of newly endocytosed vesicles and suppressed the EPSCs without impairing presynaptic vesicle fusion (25).

We recorded EPSCs responding to sustained fiber stimulation (400 s at 20 Hz or 360 s at 50 Hz) before and after local perfusion of folimycin, with ~ 20 min recovery for the completion of endocytosis, as well as preperfusion with 2 μ M folimycin (2–3 min) between two stimulus trains (Fig. S1B). In the middle of ~ 6 -min stimulation, a short 10-s break was designed for adjusting series resistance (R_s) compensation (arrowheads in Fig. S1B). In control conditions, EPSC amplitude declined to a steady state of 971.3 ± 182.0 pA ($n = 8$), whereas those in the presence of folimycin decreased to 98.7 ± 20.6 pA ($n = 8$) but did not vanish completely (Fig. 1A–C). Based on the fact that the vesicle fusion machinery and the release probability were not affected (Figs. S2 and S3), we attributed the nonexhausted EPSCs to the incomplete blockade of neurotransmitter refilling by folimycin—the much-reduced intraluminal transmitter content eventually causing small EPSCs when all of the preserved vesicles were depleted and the newly endocytosed vesicles were fully reused. The quantal size of these reused vesicles (q_{foli}) was thus estimated as 3.74 ± 0.67 pA ($n = 8$, see Eq. 3) and ~ 10 times smaller than normal (q_{ctrl} , 34.31 ± 2.34 pA, $n = 8$) (Fig. 1D). We further took the cumulative amplitude of the EPSCs as the measure of all released vesicles (Fig. 1E). After the prolonged stimulation started, the nerve terminal was consuming two populations of vesicles, the preserved vesicles (preserved SVs; the summative number is $N_{\text{preserved}}$) and the reused vesicles (reused SVs; the summative number is N_{reused}). In control experiments, the cumulative EPSC amplitude was attributed to the sum of released

SVs ($N_{\text{preserved}}$ and N_{reused}) with q_{ctrl} (see Eq. 4), whereas both $N_{\text{preserved}}$ with q_{ctrl} and N_{reused} with q_{foli} contributed to the cumulative EPSC amplitude in the presence of folimycin (see Eq. 5). Hence, we derived the following two formulae to estimate $N_{\text{preserved}}$ and N_{reused} at any time and developed an approach to analyze the kinetics of vesicle recycling (Fig. 1F and Materials and Methods):

$$N_{\text{preserved}} = \frac{\sum \text{EPSC}_{\text{foli}} \cdot q_{\text{ctrl}} - \sum \text{EPSC}_{\text{ctrl}} \cdot q_{\text{foli}}}{(q_{\text{ctrl}} - q_{\text{foli}}) \cdot q_{\text{ctrl}}} \quad [1]$$

$$N_{\text{reused}} = \frac{\sum \text{EPSC}_{\text{ctrl}} - \sum \text{EPSC}_{\text{foli}}}{q_{\text{ctrl}} - q_{\text{foli}}} \quad [2]$$

Estimation of Recycling Pool Size at the Calyx of Held Synapse. This approach enabled us to quantify the RP size at the calyx-type

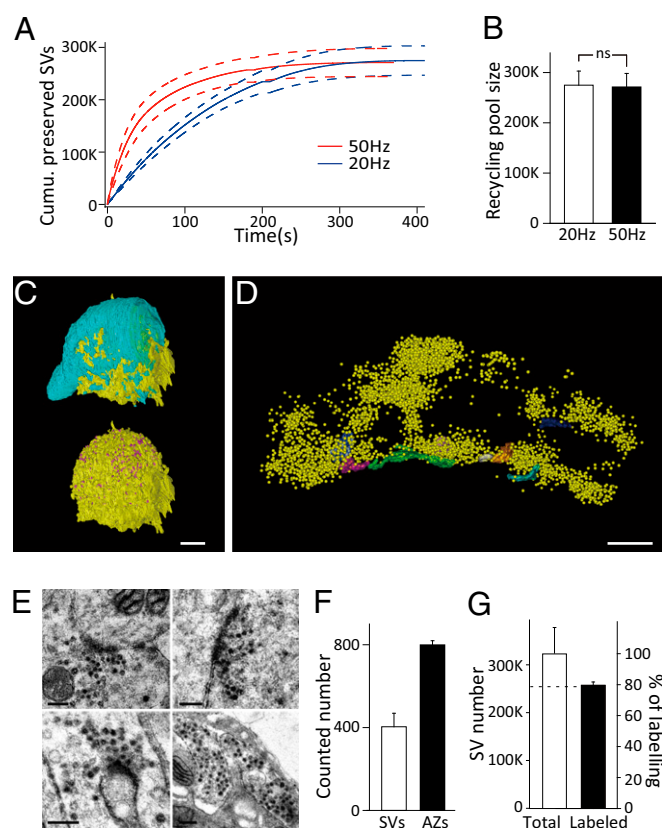


Fig. 2. Estimation of total vesicle number and recycling pool size at the calyceal terminal. (A) Kinetics of cumulative preserved SV depletion under 50-Hz (red, $n = 4$) and 20-Hz stimulation (blue, $n = 4$); the dashed lines denote mean \pm SEM. (B) The estimated recycling pool size derived from the last points in A at 20 Hz and 50 Hz ($n = 4$). A and B were obtained from electrophysiological measurements. (C) Reconstructed nerve terminal (cyan, Upper), active zones (AZs) (purple, Lower), and postsynaptic principal neuron (soma, yellow) of a calyceal synapse. (Scale bar, 5 μ m.) (D) Reconstructed AZs (different colors) and synaptic vesicles (yellow) in a compartment of the calyceal terminal. (Scale bar, 500 nm.) (E) Representative TEM images of FM-labeled nerve terminals. The labeled vesicles appear electron-dense. (Scale bar, 200 nm.) (F) Statistics of vesicle number per AZ ($n = 26$ AZs from seven cells) and AZ number per terminal ($n = 4$ cells) counted from 3D reconstructions. (G) Summary of the total vesicle pool size calculated by 3D reconstruction (left coordinate, error bar is the difference of maximum and mean value) and the fraction of FM1-43-labeled vesicles (right coordinate; $n = 11$ cells).

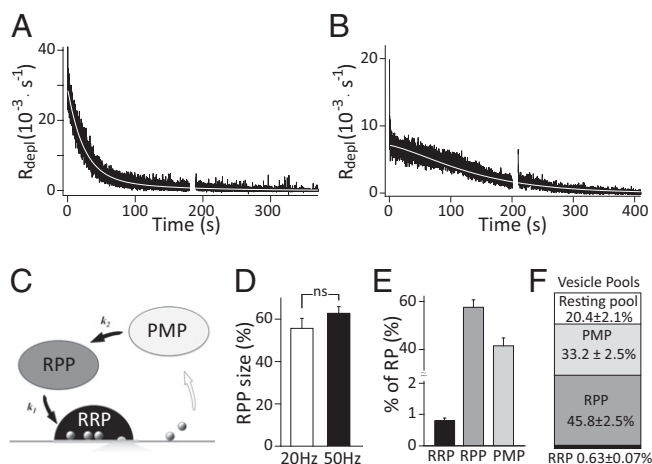


Fig. 4. A sequential three-pool model of the recycling pool. (A) Representative normalized RP depletion rate (R_{depl}) trace after RRP depletion with double-exponential fitting (white curve, also as three-pool model fitting) under 50-Hz stimulation. (B) Representative R_{depl} trace at 20 Hz with three-pool model fitting (white curve). (C) Schematic of sequential three-pool model of vesicle recycling. (D) Statistics of RPP size at 20-Hz ($55.68 \pm 4.7\%$, $n = 4$) and 50-Hz stimulation ($62.79 \pm 3.13\%$, $n = 4$). (E) Statistics of the RRP size ($0.79 \pm 0.09\%$), RPP size ($57.53 \pm 3.10\%$), and PMP size ($41.68 \pm 3.17\%$) related to RP size ($n = 9$). (F) Quantification of dissected synaptic vesicle pools in terms of total vesicles in the calyceal terminal.

RP depletion kinetics (Fig. 4A and B, white curve), and the size of RPP_0 and PMP_0 were thus estimated as $57.53 \pm 3.10\%$ and $41.68 \pm 3.17\%$ of the RP (Fig. 4E, $n = 9$) by fitting the measured R_{depl} with the analytic solution of these equations (*Materials and Methods*). Notably, the estimated pool sizes were independent of stimulation frequency (Fig. 4D). In terms of all of the vesicles in the nerve terminal, four pools, RRP ($0.63 \pm 0.07\%$), RPP ($45.8 \pm 2.5\%$), PMP ($33.2 \pm 2.5\%$), and resting pool ($20.4 \pm 2.1\%$), can thus be kinetically dissected (Fig. 4F).

Discussion

We took advantage of the excellent electrical access at the calyx-type synapse and quantitatively analyzed the basic properties of synaptic vesicle recycling. The logic underlying this study is that newly endocytosed vesicles that are trapped in an alkaline state are prevented from refilling with transmitter and can be electrophysiologically detected when they are reused (9, 11). After verifying that folimycin specifically affected newly endocytosed vesicles (Fig. S4) and depressed EPSCs without impairing the vesicle fusion machinery (Fig. S2), we compared the evoked EPSCs under a sustained train of stimuli with and without folimycin treatment and derived an estimate of the kinetics of the preserved vesicle depletion and the newly endocytosed vesicle reuse (Fig. 1 and *Materials and Methods*). Different from most studies that use fluorescence imaging with low signal and temporal resolution (4, 5, 7, 9), this approach provides a quantitative analysis of the kinetics of vesicle recycling with a temporal resolution of 20 ms (interstimulus interval) and signal resolution of ~ 20 vesicles ($<1\%$ of the RRP) (Fig. S10). The results from this approach were further confirmed by EM (Fig. 2). Importantly, this approach is applicable to all axosomatic synapses with qualified whole-cell electrical access.

There has been a decade-long debate about the size of the RP and whether it can be regulated by stimulation (1, 16, 23, 24, 27, 28, 36–38). We estimated the RP size as $\sim 270,000$ vesicles (Fig. 2A and B), which is lower than that obtained by the presynaptic glutamate washing-out effect but much more than that calculated from EM studies (6, 23, 24). To further verify our pharmacology-based results and to investigate the discrepancy among

these studies in depth, we calculated the total vesicle number as 320,000 (Fig. 2G) by FIB/SEM and estimated the fraction of FM dye-labeled vesicles as $\sim 80\%$ by TEM (Fig. 2E and G). The steep gradient of FM dye labeling with increasing tissue depth (Fig. S6B) was largely correlated with a huge deviation and variation in the percentage of FM dye-labeled vesicles (Fig. S6D). We thus attributed the disparity in FM labeling to the limited diffusion capacity of the FM dye into brain tissue and selectively observed terminals within $\sim 50 \mu\text{m}$ from the slice surface. Our EM results revealed that the RP contains $\sim 260,000$ vesicles, similar to the $\sim 270,000$ obtained with the electrophysiological approach (Fig. 2G). Taken together, all of the evidence converged on the conclusion that the RP occupies $\sim 80\%$ of all of the vesicles in the nerve terminal. Our results not only clarify the long-lasting argument about whether only a small fraction (5–40%) or majority of vesicles in the nerve terminal are involved in recycling, but also provides an explanation to reconcile the disparities in previous reports (6, 14, 23, 24). Importantly, no significant difference in RP size was detected during repetitive stimulation at 20 Hz and 50 Hz, frequencies corresponding to background and acoustic stimulus-evoked firing at the calyx of Held in vivo (39). These results demonstrate the enormous capacity of the vesicle recycling pool that ensures synaptic transmission with high fidelity.

A small fraction of vesicles ($\sim 20\%$) are never depleted by sustained stimulation and stay in the resting pool. Two possible functions of the resting pool have been proposed, one as a buffer for soluble proteins and the other as a supply for spontaneous release (40–42). The present work provides supporting evidence for the latter because we recorded nonnegligible miniature EPSC (mEPSC) events even when the evoked EPSCs had been abolished by folimycin (Fig. S11). These spontaneously released vesicles may come from a vesicle pool other than the RP, possibly involving a different pathway and molecular basis (41, 43, 44).

Consistent with previous reports, the kinetics of vesicle recycling were activity-dependent (8), and the reuse timing of the newly endocytosed vesicles differed at 20-Hz and 50-Hz stimulation in our study. However, the correlation between the timing of vesicle reuse and RP depletion displayed significant heterogeneity and use dependence of RP vesicles (Fig. 3A–C). The heterogeneity of vesicle use and two kinetic components of RP depletion predicted the existence of a replenishable pool of vesicles before the priming stage and led to the realistic kinetic model (Fig. 4C). Notably, as many as 57.5% of the recycling vesicles ($\sim 160,000$) were readily primed and some of them may reside away from release sites (26). It was previously reported that recently recycled vesicles have a scattered distribution, implying that the priming is not necessarily location-dependent. The mechanism of how the distant RPP vesicles access the active zones is unclear. One hypothesis is that cytoskeletal elements, such as the actin network, guide synaptic vesicles to the priming sites (45–47). It will be of great interest to reveal the molecular mechanism that regulates vesicle mobilization along the recycling pathway.

In conclusion, our study quantified the basic properties of vesicle recycling and kinetically dissected the RP into RRP, RPP, and PMP. Because not all vesicles in the RP are ready for priming, the vesicle release rate may not be maximized. However, the sequential pool system makes synaptic transmission more regulatory and the low-pass filtering effect of interpool translocation keeps vesicle recycling more robust to fluctuation in exocytosis and endocytosis (1).

Materials and Methods

Slice preparation, electrophysiology, and FM1-43FX photoconversion experiments are described in detail in *SI Materials and Methods*. FIB/SEM and TEM experiments were performed according to standard procedures, as described in *SI Materials and Methods*. The care and use of mice in all experiments

conformed to institutional policies and guidelines (IBP animal protocol 8701, approved by the Ethics Committee of Chinese Academy of Sciences Institute of Biophysics).

Estimation of mEPSC Amplitude in the Presence of Folimycin. Based on the fact that folimycin reduced the vesicular transmitter content without affecting the fusion machinery or the vesicle release probability, the fractional change in evoked EPSCs would reflect the fractional change in quantal size when newly endocytosed vesicles were fully reused. Thus, the size of mEPSCs with folimycin (q_{foli}) is estimated as

$$q_{foli} = q_{ctrl} \cdot \frac{EPSC_{foli}}{EPSC_{ctrl}}, \quad [3]$$

where q_{ctrl} is the average mEPSC amplitude during the resting period before folimycin application. $EPSC_{foli}$ and $EPSC_{ctrl}$ represent the average amplitude of the last 100 EPSCs in the folimycin and control groups, respectively (Fig. 1C).

Kinetics of Vesicle Recycling. We attributed the cumulative EPSC amplitude to the summative preserved SVs ($N_{preserved}$) with q_{ctrl} and reused SVs (N_{reused}) with q_{ctrl} (control group) or q_{foli} (folimycin group):

$$\sum EPSC_{ctrl} = (N_{reused} + N_{preserved}) \cdot q_{ctrl} \quad [4]$$

$$\sum EPSC_{foli} = N_{preserved} \cdot q_{ctrl} + N_{reused} \cdot q_{foli}, \quad [5]$$

where $\sum EPSC_{ctrl}$ and $\sum EPSC_{foli}$ represent the cumulative EPSC amplitudes in the control and folimycin groups, respectively. Thus, $N_{preserved}$ and N_{reused} can be derived as Eqs. 1 and 2.

Determination of the Starting Time Points of Vesicle Reuse. Because the time constant of the fast component of RP depletion is >20 s, the major power (99%) of the recycling signals in the frequency domain $[\tau/(1 + j\tau\omega)]$ would be distributed within 0–0.01 Hz (48). The estimated signals of vesicle reuse were thus low-pass-filtered with a cutoff frequency of 0.01 Hz. We determined the starting time points of vesicle reuse as the last time point that deviated from the baseline in the reuse trace (arrowhead in Fig. S8).

Three-Pool Kinetic Model. In the model, we propose that (1) RP in the resting state is composed of the initial size of the RPP (RPP_0), PMP (PMP_0), and RRP (RRP_0) as described in Eq. 6 (2). Under the general assumption that vesicle release during the steady-state phase of depression is limited by the constant rate of vesicle supply (33–35), the RP depletion rate (R_{depl}), assayed as release rate, is approximately the same as the priming rate at the steady state as described in Eq. 7. By designating $RPP(t)$ and $PMP(t)$ as the pool sizes

at a given time t , the relation among R_{depl} , RPP, PMP, RRP, and RP are represented as

$$RPP_0 + PMP_0 + RRP_0 = RP \quad [6]$$

$$R_{depl} = k_1 \cdot RPP(t) \quad [7]$$

$$\frac{dRPP(t)}{dt} = -k_1 \cdot RPP(t) + k_2 \cdot PMP(t) \quad [8]$$

$$\frac{dPMP(t)}{dt} = -k_2 \cdot PMP(t), \quad [9]$$

where k_1 is the formal priming rate and k_2 is the supply rate from PMP to RPP.

The R_{depl} is fitted by a double-exponential function or monoexponential function (the case with two very close time constants) (Fig. 4 A and B). For double-exponential fitted R_{depl} , the analytic solution is

$$\begin{aligned} R_{depl} &= k_1 \cdot RPP(t) = k_1 \cdot \left(RPP_0 - \frac{k_2}{k_1 - k_2} \cdot PMP_0 \right) \cdot e^{-k_1 \cdot t} + \frac{k_1 \cdot k_2}{k_1 - k_2} \cdot PMP_0 \cdot e^{-k_2 \cdot t} \\ &= \left[\frac{\tau_2}{\tau_1 \cdot (\tau_2 - \tau_1)} \cdot RPP_0 - \frac{1}{\tau_2 - \tau_1} \cdot (RP - RRP_0) \right] \cdot e^{-t/\tau_1} \\ &\quad + \frac{1}{\tau_2 - \tau_1} \cdot (RP - RRP_0 - RPP_0) \cdot e^{-t/\tau_2}, \end{aligned} \quad [10]$$

where $\tau_1 = 1/k_1$ and $\tau_2 = 1/k_2$.

For monoexponential ($k_1 \approx k_2 = k$) fitted R_{depl} , the analytic solution is

$$\begin{aligned} R_{depl} &= k \cdot RPP(t) = k \cdot (RPP_0 + k \cdot PMP_0 \cdot t) \cdot e^{-k \cdot t} \\ &= \left[\frac{RPP_0}{\tau} + \frac{(RP - RRP_0 - RPP_0) \cdot t}{\tau^2} \right] \cdot e^{-t/\tau}, \end{aligned} \quad [11]$$

where $\tau = 1/k$. RPP_0 can thus be obtained by fitting the measured R_{depl} with the above functions.

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